

Gambling Disorder Screening Tools

Lie/Bet Questionnaire

The Lie/Bet Questionnaire is a two question screening tool for gambling disorders.

Lie/Bet Questionnaire:

1. Have you ever had to lie to people important to you about how much you gambled ? yes no
2. Have you ever felt the need to bet more and more money ? yes no

If you have answered YES to any of the questions above it means that your gambling needs to be further examined as you may have some issues.

Brief Biosocial Gambling Screen (BBS) Questionnaire

1. During the past 12 months, have you become restless irritable or anxious when trying to stop/cut down on gambling ?

- Yes
- No

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled ?

- Yes
- No

3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare ?

- Yes
- No

If you have answered YES to any of the questions above it means that your gambling needs to be further examined as you may have some issues.